

GUIDELINES FOR THE IMPLEMENTATION OF KANGAROO MOTHER CARE PROGRAMS EDITED BY THE MINISTRY OF HEALTH IN COLOMBIA

In November 2017 the Ministry of Health of Colombia published an update of the [Technical Guidelines for the implementation of Kangaroo mother care programs in Colombia](#).

The text provides to hospitals, specialised institutes and primary health care centres the instruments and practical instructions required to implement with a high quality level the Mother Kangaroo method for the care of preterm newborn babies and low birth weight children.

In the presentation, the Ministry of Health emphasizes that an average of 100.000 infants in Colombia are born preterm (12%) and the importance to enhance the implementation of this Method in health facilities of the country. The Kangaroo Method is an alternative for the born preterm or *low birth weights* babies, which is based on the direct and continuous skin to skin contact for 24 h a day; the maternal lactation and the early dismissing from the hospitals to return home in the Kangaroo Position with ambulatory monitoring.

In 1979 the Kangaroo Method was first adopted in the *Hospital Materno Infantil* of Bogotá by the Professors Rey and Martinez and since 2003 is disseminated worldwide by WHO. This manual is based on the bibliography elaborated by the Kangaroo Foundation and updates the [clinical practice guide](#) developed by the Kangaroo Foundation and the Faculty of Medicine of the Pontificia Universidad Javeriana.

The Ministry emphasizes that despite the scientific evidence of its effectiveness and its adoption in specialised high-level hospitals of many different countries, the Mother Kangaroo Method is still encountering many resistances and obstacles to its implementation in Colombia. In 2008 the Ministry of Health had already issued a Resolution for the application of the Mother Kangaroo Method in all the Newborn Units of the country. With these new guidelines the Ministry presents the Mother Kangaroo Method as an effective alternative to other approaches that require expensive and sophisticated technologies.

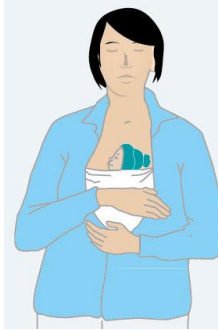
The text is published in Spanish and adapted to the organization of health services in Colombia, as a complement to neonatology care. However, these guidelines can be a valuable instrument for other Latin American countries interested in the application of the Mother Kangaroo Method.

To know more

[Lineamientos Técnicos para la implementación de Programas Madre Canguro en Colombia.](#)

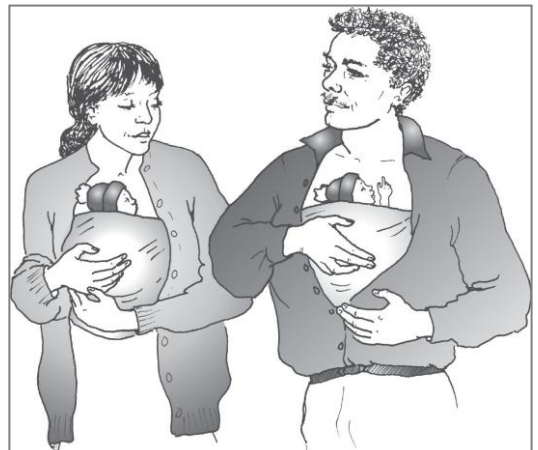


Método Madre Canguro



Beneficios

- Regula el ritmo cardíaco y respiratorio del recién nacido
- Mantiene la temperatura corporal del bebé
- Proporciona una mayor calidad en el sueño del infante
- Disminuye las infecciones
- Desarrollo precoz de la función de succión, por lo cual favorece la lactancia
- Disminuye el riesgo de muerte y el tiempo de hospitalización



[Kangaroo Mother Care Practical Guide WHO](#)

[Fundacion canguro website](#)

[Metodo Madre Canguro in PAHO/WHO website](#)

[Kangaroomothercare.com website](#)

[Brochure IDEASS](#)

