Created in the framework of the Mexico Multicultural Nation Programme of the National Autonomous University of Mexico UNAM and coordinated by the professor Carlos Zolla, the Digital Library of Mexican Traditional Medicine is a reference point both in Mexico and internationally.

The Digital Library is accessed by users in all the countries around the world. In January and February 2015, the site recorded 25,000 visits and more than four million files have been downloaded.

Produced with the participation of researchers, students, health workers and traditional doctors of indigenous peoples, the Library is articulated in the following sections:

- Encyclopaedic Dictionary of Mexican Traditional Medicine, which contains about 1,100 entries of causes of demand for care, human resources, materials, diagnostic and therapeutic methods.
- The Traditional Medicine of the Indigenous Communities of Mexico containing 47 monographs describing relevant aspects of the traditional medicine of 56 indigenous groups of Mexico.
- Mexican Traditional Medicine Plants Atlas, containing 1,045 monographs on the most frequently used medicinal plants of Mexican traditional medicine.
- Indigenous Medicinal Plants of Mexico, composed by 33 monographs on different indigenous communities or regions of the country, realized by more than 230 indigenous traditional healers.

The systematization, documentation and digitization of this knowledge on the traditional medical system of Mexico is a work of transcendent value and can inspire universities of other countries interested in enhancing traditional medicine, also in view of its protection as a collective heritage of indigenous peoples and integration in public health systems.

To know more

www.medicinatradicionalmexicana.unam.mx

Article in UNAM website

Carlos Zolla conference in youtube

Article in AZ revista de cultura y educación